Travis USD Elementary Menu

MONDAY

TUESDAY

JANUARY

WEDNESDAY

THURSDAY

Child Nutrition

FRIDAY

1

WINTER BREAK

12

19

Baked Chicken Tenders w/ a Roll Green Chili Cheese Tamale w/ Beans(v) Fruit, Vegetable, and Milk

Hot Ham & Cheese Sandwich Pasta w/ Marinara, Mozzarella, & Parmesan Cheese (v) Fruit, Vegetable, and Milk

10 Nitrate Free Turkey Hot Dog w/ Chili **Cheese Topping** Vegetable Egg Rolls & Fried Brown Rice (v) Fruit, Vegetable, and Milk

Chicken Burrito Bowl w/ Fresh Salsa Grilled Cheese (v) Fruit, Vegetable, and Milk

11

Teriyaki Beef & Broccoli w/ Steamed Rice Bean & Cheese Pupusa w/ Fresh Curtido (v)

Fruit, Vegetable, & Milk

16 **Baked Chicken** Drumstick w/ Roll Cheese Quesadilla w/ Fresh Salsa (v) Fruit, Vegetable, and Milk

17 100% All Beef Cheeseburger Italian Pasta Bake(v) Fruit, Vegetable, and Milk

BBQ Pulled Chicken Sandwich Macaroni & Cheese (v) Fruit, Vegetable,

and Milk

100% Mozzarella Pizza (v) Fruit, Vegetable, & Milk

22

Baked Chicken Tenders w/ a Roll Green Chili Cheese Tamale w/ Beans(v) Fruit, Vegetable, and Milk

Hot Ham & Cheese Sandwich Pasta w/ Marinara, Mozzarella, & Parmesan Cheese (v) Fruit, Vegetable, and Milk

24

31

Nitrate Free Turkey Hot Dog w/ Chili **Cheese Topping** Vegetable Egg Rolls & Fried Brown Rice (v) Fruit, Vegetable, and Milk

18

Chicken Burrito Bowl w/ Fresh Salsa Grilled Cheese (v) Fruit, Vegetable, and Milk

26

Teriyaki Beef & Broccoli w/ Steamed Rice Bean & Cheese Pupusa w/ Fresh Curtido (v) Fruit, Vegetable, & Milk

29

Beef Soft Tacos w/ Fresh Salsa Cheesy Breadsticks w/ Marinara (v) Fruit, Vegetable, and Milk

30 **Baked Chicken** Drumstick w/ Roll Cheese Quesadilla w/ Fresh Salsa (v) Fruit, Vegetable, and Milk

100% All Beef

Cheeseburger Italian Pasta Bake(v) Fruit, Vegetable, and Milk

You must select a half cup of fruit or vegetable or a combination of both with your meal. We offer fruits, vegetables, non-fat chocolate milk, and 1% white milk daily with your meal.

Menu is subject to change. This institution is an equal opportunity provider. Week 0f Jan 8-12 Jan 22-26

BREAKFAST

Week Of Jan 15-19 Jan 29-31

MON-

Breakfast Pizza or Mini Pancakes MON Mini Cinnamon French Toast of Banana Bread

Fresh Baked Cranberry Peach

TUES - Muffin or

Breakfast on a stick

Emoji Waffles w/ Cinnamon **TUES -** Apples or Strawberry Bagel

WED-

French Toast Casserole or Benefit Bar

WED-

Cheese Omelet w/ Fresh Baked Biscuit or Mini Pancakes

THUR-

Blueberry Patch Parfait w/ Home-made Granola or Mini Cinnis

THUR-

Fresh Baked Blueberry Muffin or Concha Pan Dulce

FRI- Fresh Baked Cinnamon Roll or Mini Pancakes

FRI-

Peach Parfait &
Home-made Granola or
Benefit Bar

Assorted Cereals Offered
Daily - Served with
Graham Crackers, String
Cheese, or Sunflower
Seeds

We offer a variety of milk with your meal
Nutrition information is available upon request.

Student 2nd Meal Price:

Breakfast: \$3.25 Lunch: \$5.25

Adult Meal Price:

Breakfast: \$5.70 Lunch: \$5.70

Help the gingerbread man get to the candy cane!

